

**UltraSheer** 15-20mmHg\*, 20-30mmHg\*, 30-40mmHg\*  
**Opaque** 15-20mmHg\*, 20-30mmHg\*, 30-40mmHg\*  
**Relief** 15-20mmHg\*, 20-30mmHg\*, 30-40mmHg\*

**forMen Casual** 15-20mmHg\*, 20-30mmHg\*, 30-40mmHg\*  
**forMen** 15-20mmHg\*, 20-30mmHg\*, 30-40mmHg\*  
**soSoft** 15-20mmHg\*, 20-30mmHg\*, 30-40mmHg\*

**ActiveWear** 15-20mmHg\*, 20-30mmHg\*, 30-40mmHg\*

| SIZE                                                                             | ANKLE           | CALF                                                     | THIGH  | HIP  | HIP (Maternity)      |
|----------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------|----------------------|
| S                                                                                | 7"-8 <sup>1</sup> / <sub>4</sub> " (18-21 cm)                                                    | 11"-15" (28-38 cm)                                                                                                                        | 15 <sup>3</sup> / <sub>4</sub> "-24 <sup>3</sup> / <sub>8</sub> " (40-62 cm)            | 28"-46" (71-117 cm)                                                                     | 32"-52" (81-132 cm)  |
| M                                                                                | 8 <sup>3</sup> / <sub>8</sub> "-9 <sup>7</sup> / <sub>8</sub> " (21-25 cm)                       | 11 <sup>7</sup> / <sub>8</sub> "-16 <sup>1</sup> / <sub>2</sub> " (30-42 cm)                                                              | 18 <sup>1</sup> / <sub>8</sub> "-27 <sup>1</sup> / <sub>2</sub> " (46-70 cm)            | 30"-50" (76-127 cm)                                                                     | 34"-56" (86-142 cm)  |
| L                                                                                | 10"-11 <sup>3</sup> / <sub>8</sub> " (25-29 cm)                                                  | 12 <sup>1</sup> / <sub>2</sub> "-18 <sup>1</sup> / <sub>8</sub> " (32-46 cm)                                                              | 21 <sup>1</sup> / <sub>4</sub> "-30 <sup>3</sup> / <sub>4</sub> " (54-78 cm)            | 32"-54" (81-137 cm)                                                                     | 36"-60" (91-152 cm)  |
| XL                                                                               | 11 <sup>1</sup> / <sub>2</sub> "-13" (29-33 cm)                                                  | 13 <sup>3</sup> / <sub>8</sub> "-19 <sup>5</sup> / <sub>8</sub> " (34-50 cm)                                                              | 23 <sup>5</sup> / <sub>8</sub> "-32" (60-81 cm)                                         | 40"-65" (102-166 cm)                                                                    | 44"-71" (112-180 cm) |
| MT                                                                               | 8 <sup>3</sup> / <sub>8</sub> "-9 <sup>7</sup> / <sub>8</sub> " (21-25 cm)<br>for shoe size > 12 | 11 <sup>7</sup> / <sub>8</sub> "-16 <sup>1</sup> / <sub>2</sub> " (30-42 cm)<br>for leg length > 19 <sup>3</sup> / <sub>4</sub> " (50 cm) | _____                                                                                   | _____                                                                                   | _____                |
| LT                                                                               | 10"-11 <sup>3</sup> / <sub>8</sub> " (25-29 cm)<br>for shoe size > 12                            | 12 <sup>1</sup> / <sub>2</sub> "-18 <sup>1</sup> / <sub>8</sub> " (32-46 cm)<br>for leg length > 19 <sup>3</sup> / <sub>4</sub> " (50 cm) | _____                                                                                   | _____                                                                                   | _____                |
| LFC                                                                              | 10"-11 <sup>7</sup> / <sub>8</sub> " (25-30 cm)                                                  | 18"-24" (46-61 cm)                                                                                                                        | _____                                                                                   | _____                                                                                   | _____                |
| XLFC                                                                             | 12"-14" (30-36 cm)                                                                               | 18"-24" (46-61 cm)                                                                                                                        | _____                                                                                   | _____                                                                                   | _____                |
|  | Regular: Greater than 15" (38 cm)                                                                |                                                                                                                                           |        | Regular: Greater than 27" (68.5 cm)                                                     |                      |
|                                                                                  | Petite: 15" (38 cm) or less                                                                      |                                                                                                                                           |                                                                                         | Petite: 27" (68.5 cm) or less                                                           |                      |

For Knee High, Measure Ankle and Calf.

For Thigh High, Measure Ankle, Calf and Thigh.

For Waist High, Maternity and Chap, Measure Ankle, Thigh and Hip.